

# **4-H Family News**

**Washtenaw County** 

**NOVEMBER 2023** 



### Join us for the Washtenaw County 4-H **Recognition Program on November 12th**

Join us at the Washtenaw County 4-H Recognition Program on November 12th from 2-4 pm (doors open at 1:30 pm) at the Washtenaw Farm Council Grounds to celebrate the dedication and contributions of the youth and volunteers in our program! Email and letter invitations went out last week to youth, volunteers, and community members who will receive awards at this event. Even if you are not receiving an award, you are invited to attend and cheer on the award winners! We ask that families attending bring a family favorite dessert. Popcorn and beverages will be provided.



#### **UPCOMING MEETINGS & EVENTS**

**Youth Show Superintendent Applications Due** November 9th

**Advisory Council Meeting** November 9<sup>th</sup> at 7 pm at the MSU Extension Office

Ada May & Webb Harwood Memorial Scholarships Due November 10<sup>th</sup>

**Recognition Program** 

November 12th at 2 pm at the Washtenaw Farm Council Grounds in Building A. 5055 Ann Arbor-Saline Rd, Ann Arbor, MI 48103

**Small Animal Committee** 

November 28th at 6 pm at the MSU Extension Office

**Horse Board and Association Meeting** 

November 28th at 6:30 and 7 pm at the MSU Extension Office

### **CONTACT US**

**Amy Harris** 

4-H Program Coordinator

Jenny Speyer 4-H Program Instructor speyerje@msu.edu

705 N. Zeeb Rd., P.O. Box 8645 Ann Arbor, Michigan 48107

### **PHONE & EMAIL:**

734-997-1678

### **WEBSITE:**

https://www.canr.msu.edu/washtenaw/

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### Volunteers Needed for the Annual Washtenaw County 4-H Holiday Tree Sale

Mark your calendars for our annual Holiday Tree Sale hosted by the 4-H Advisory Council. The Tree Sale will be held the two weekends following Thanksgiving: November 25-26th, December 2<sup>nd</sup> and 3<sup>rd</sup>. The sale will be held at the Washtenaw Farm Council Grounds in Building G on each Saturday from 8 am to 5 pm and each Sunday from 10 am to 5 pm.

This great event supports Washtenaw County 4-H in many ways by funding scholarships and outreach. Youth and volunteers can sign up here: <a href="https://www.signupgenius.com/go/20F0949A5AC2EA2F49-44794423-2023">https://www.signupgenius.com/go/20F0949A5AC2EA2F49-44794423-2023</a>



### Michigan Farm Bureau High School Discussion Meet: Register by Nov. 2nd



The Michigan Farm Bureau High School Discussion Meet is a competition open to all high school age students. Historically, most competitors are FFA members but we would love to see more 4-Hers participate this year!

Discussion Meet is a unique competition that it is not a debate but strictly a discussion. It is modeled more after a committee meeting and the ability for the competitors to cooperatively discuss a specific topic to come up with solutions. <u>Check out the 2023 High School Discussion Meet Guidebook here</u>.

The top three competitors from each region will move on to compete at the State Discussion Meet held on Wednesday, November 29th at the DeVos Center in Grand Rapids, MI.

The one that is local to us is Thursday, November 9 at 6:00 pm at Milan High School. The counties for this location are Hillsdale, Jackson, Lenawee, Macomb, Monroe, Oakland, Washtenaw, and Wayne.

Registration must be made one week before the event on November 2.

Not sure if you are interested in competing? Watch the videos on the <u>Michigan Farm Bureau Youtube playlist</u> to get a better understanding of what a discussion meet looks like.

Register Here: <a href="https://docs.google.com/forms/d/e/1FAlpQLSeQc2UGXyCy-wexU3WPjUXrX2ImFLxZGk6vg4CCn8xv8LuNpQ/viewform">https://docs.google.com/forms/d/e/1FAlpQLSeQc2UGXyCy-wexU3WPjUXrX2ImFLxZGk6vg4CCn8xv8LuNpQ/viewform</a>



### 2024 Youth Show Superintendent Applications Due on November 9th

The 2024 Washtenaw County 4-H youth show superintendent and assistant applications are now available! We need adult volunteers to fill these roles to make the Washtenaw County 4-H Youth Show a great educational experience for our youth.

Apply at

https://docs.google.com/forms/d/e/1FAlpQLSe7UP9GkxHnnAQuK9P4icV8fBPRLvm6MzZkmMGncDuQJK6z3g/viewform

These applications are due by Nov 9th 2023. **All** interested parties are asked to fill out an application. If you have questions about the roles, please contact Amy at harr1976@msu.edu



### The 2024 Youth Show Buyers Buffet Needs Superintendents



One of the biggest nights of the Washtenaw County 4-H Youth Show is our livestock auction and we need volunteers and parents willing to become superintendents to help with the Buyers Buffet. We would prefer a group of volunteers willing to split the responsibilities which include: planning the event including buying food and beverages, creating sign ups for youth and families to bring items and volunteer, setting up and tearing down the buffet, coordinating the volunteers for set up and serving, and more! If you are interested, please contact Amy Harris at <a href="harr1976@msu.edu">harr1976@msu.edu</a> or call at 734-222-3936.

## Harwood Scholarship Applications: Due on November 10<sup>th</sup>

The Ada May and Webb Harwood Scholarship application is now available for 2023! This Michigan 4-H Foundation Scholarship is for current or former Washtenaw County 4-H members, Washtenaw County Youth, and Washtenaw County FFA members who are outstanding in Home Economics or Animal Science Projects. Applicants must be incoming freshman, as well as college sophomores, juniors, and seniors continuing their education at an accredited institution of high



education (four-year institution, two-year, community college or trade/vocational schools all qualify). You can find more of the guidelines and requirements for this scholarship on the <u>application form here</u>. We encourage youth who qualify to complete and submit an application! The deadline for submissions is November 10<sup>th</sup>.



### 4-H Club Activities Around Washtenaw County



Saline 4-H Farmers selling clovers outside Saline Tractor Supply Company to raise funds for Washtenaw County 4-H



S & L Bauernhof 4-H Club participated in the Whitmore Lake Trunk or Treat. They served over 150-200 youth and their families and spread the word about 4-H



Junior Livestock members taking on the Blast Corn Maze at their meeting



Double L Llama 4-H Club on their annual Fall Hike with the llamas



# Interested in Joining our Washtenaw County 4-H Hippology and/or Horse Judging Teams?



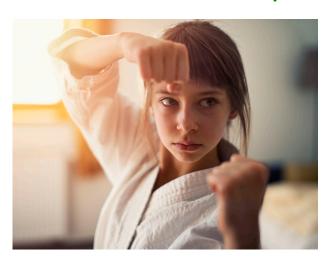
Washtenaw County 4-H is looking for registered 4-H members (ages 5-19) to join our Hippology Team and/or Horse Judging Team! Both events at MSU don't have specific dates yet but Hippology is on a Saturday in mid-March and Horse Judging is on a Saturday in mid-April. Hippology is the study of all horse-related knowledge, including judging, anatomy, breeds, colors, care, equipment, tack, health and welfare, and riding

disciplines. Horse Judging is your opportunity to become the judge and place horses based on conformation (halter) and performance (riding). Both teams compete against other Michigan counties and senior divisions can qualify for the national contest. Cost is roughly \$23 per member, per team. Optional study sessions will start in early February.

If you are interested in participating on both/either teams, please contact Angela Oakman by January 31, 2024 - email: <a href="mailto:angela\_oakman@yahoo.com">angela\_oakman@yahoo.com</a> cell: 734-395-9714 (call or text). The Horse Judging Workshop and Mini Contest (event at MSU in early February) is highly recommend for anyone participating on the Horse Judging team.

More information (from the 2023 contest): <a href="https://www.canr.msu.edu/horses\_ponies/registration-information?fbclid=lwAR1hMipUIYxBkwEQFDAXf1ce59lsPG6LwvGvFjZkgypyC0NsCnGiqc-CF2w">https://www.canr.msu.edu/horses\_ponies/registration-information?fbclid=lwAR1hMipUIYxBkwEQFDAXf1ce59lsPG6LwvGvFjZkgypyC0NsCnGiqc-CF2w</a>

### **Self-Defense Class: Participants Needed**



S & L Bauernhof 4-H Club is coordinating self defense classes at the Fine Arts Academy at 238 Jennings Rd, Whitmore Lake, MI this winter. They need 10 participants minimum per class and are looking for other 4-H'ers or clubs interested in attending. This will be a series of 3 classes on Sundays from 1-2 pm and 4-5 pm on January 21st, 28th, and February 11th. The cost is \$45 per participant. The class is intended for 12-18 year olds or can be a class of 5-11 year olds.

If your 4-H'er or club is interested, please contact Caro at <a href="mailto:cuhlema@gmail.com">cuhlema@gmail.com</a>.



# STATEWIDE CALENDAR OF EVENTS

# Explore the globe with Crafts Around the World!



Curious about other countries around the globe? Like making crafts? The Michigan 4-H Crafts Around the World series provides lessons and instructions for youth to create simple crafts and increase cultural awareness.

In its latest piece, youth can learn about the European country of Norway while making a Norwegian gnome. In Norway, a gnome is called a nisse: a creature who lives in barns or homes, protecting the countryside and the people who live there.

View this activity at <a href="https://www.canr.msu.edu/resources/crafts-around-the-world-series-europe-norwegian-gnome-nisse">www.canr.msu.edu/resources/crafts-around-the-world-series-europe-norwegian-gnome-nisse</a>.

View all the Crafts Around the World activities at <a href="https://www.canr.msu.edu/global\_cultural\_education/resources">www.canr.msu.edu/global\_cultural\_education/resources</a>.

#### November 8: Adulting 101 - Professionalism in the Workplace

Online

Participants will increase their awareness of what it means to be professional and gain tips on different aspects of the work environment to consider, including: shared workspace, relationships with coworkers, communicating and setting boundaries. This free online series is open to teens and young adults (17 and under) and youth development professionals, teachers and adults (18 and up).

www.canr.msu.edu/events/adulting10111-8-23

### November 14: Wild Spartans – Careers in the Exotic Animal Industry

Online

Jump into the world of breeding and caring for amphibians and reptiles. Meet Zach Brinks, vice president of live operations at Josh's Frogs. Learn about his work and the education and career path he followed to get there. Youth will be encouraged to ask questions to learn more through a live Q&A. This free online series is open to youth ages 12-19.

events.anr.msu.edu/wildspartans20232024/

## November 21: Michigan 4-H Volunteer Webinar Series - Youth Engagement in 4-H Experiences

Online

Explore ways 4-H volunteers can help to increase the level of youth engagement in their 4-H experiences. This series will provide Michigan 4-H volunteers with a variety of learning opportunities to help them grow as a volunteer and support Michigan 4-H'ers. This session will be offered twice, once as a daytime option and once as an evening option for the convenience of volunteers.

**12 p.m. session:** <u>www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-youth-engagement-in-4-h-experiences</u>

**7 p.m. session:** www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-youth-engagement-in-4-h-experiences7pm

#### **November 28: Giving Tuesday**

Online

Join the #GivingTuesday movement — a global day of giving – and support 4-H! From 12 a.m. to 11:59 p.m. EST, Michigan 4-H supporters are invited to participate by giving their support financially or helping spread the word. Michigan 4-H has a goal to raise \$5,000 to grow 4-H county endowments in a 24-hour period. County 4-H endowments provide a perpetual source of income for county 4-H programs and every dollar is an investment in 4-H! https://mi4hfdtn.org/giving-tuesday/





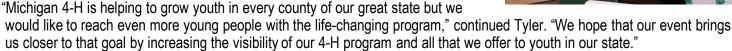
# **STATEWIDE 4-H NEWS**

# MSU Extension partners with legislators to host first Michigan 4-H Day at the Capitol

On Wednesday, October 4, Michigan State University Extension hosted the first Michigan Day at the Capitol, in partnership with State Reps. Matthew Bierlein (R-Vassar) and Reggie Miller (D-Van Buren Twp.). The event, held at Heritage Hall, showcased the positive impact of the Michigan 4-H program and brought visibility to its efforts throughout the state.

"Michigan 4-H Day at the Capitol was a great opportunity to educate about and bring awareness to the 4-H program," said Quentin Tyler, director of MSU Extension. "We truly appreciate Reps. Bierlein and Miller for their collaboration in hosting this event."

Michigan 4-H is the flagship youth development program of MSU Extension and reaches nearly 100,000 young people ages 5 to 19 each year. Through various activities, clubs, groups, programs and events, 4-H'ers are offered hands-on learning experiences where they can explore their passions and interests while growing confidence, life skills and a sense of responsibility.



Michigan 4-H Day at the Capitol was attended by legislators, stakeholders and members of the public. At the event, attendees had the opportunity to visit informational booths hosted by Michigan 4-H youth and staff. A brief program was also held, with event hosts Reps. Bierlein and Miller delivering comments to the audience. Also providing comments were Tyler, MSU Interim President Teresa Woodruff, Genesee County Clerk Register of Deeds Domonique Clemons, who is a Michigan 4-H alum, and Lenawee County 4-H'er Lia Kurowicki.

The program was livestreamed on the Michigan 4-H Facebook and can be viewed at www.facebook.com/Michigan4H. To learn more about Michigan 4-H, visit www.canr.msu.edu/4h.

## Michigan 4-H license plate proposed

On Tuesday, September 26, legislation was unveiled that if passed, will create a new fundraising license plate that would generate support for Michigan 4-H. State Reps. Matthew Bierlein, of Vassar, and Reggie Miller, of Van Buren Township, sponsored the legislation which would allow for the creation and sale of a Michigan 4-H plate through the Secretary of State.

The plans would create the 4-H fundraising plate and establish regular disbursements from the license plate sales to the Michigan 4-H Foundation. Led by a board of trustees, the foundation works in partnership with MSU Extension and Michigan 4-H Youth Development to support programs to prepare youth for meaningful and productive lives.







Reps. Miller (left) and Bierlein (right) with MSU Interim President Woodruff (center).

The bills were referred to the Michigan House Committee on Transportation, Mobility and Infrastructure. On October 11, Michigan 4-H Foundation Director Abbey Miller and MSU Extension Associate Director Dr. Deanna East testified before the committee in support of the 4-H fundraising license plate legislation.



# **MSU Extension Child and Family Development**

MSU Extension has a wide range of free online classes for parents and caregivers of children of all ages and early childhood professionals.

### **Extension Extra's Parenting Hour**

These free online parenting workshops will provide guidance for parents of young children as they navigate the challenges, concerns, and joys of parenting. Participants may register for as few or as many workshops as they wish. The workshops are on Tuesday evenings from 8:00 to 9:30PM EST as follows:

#### Class dates:

- 11/7/2023: Positive Discipline
- 11/14/2023: Working Together to Develop Early Literacy-Infants/Toddlers
- 11/21/2023: Introduction to Autism and Neurodiversity
- 11/28/2023: Together We Can: Co-Parenting

Registration: https://msu.zoom.us/webinar/register/WN\_APsEiTFUTfOSwoRU7aQ17g

For more information contact Courtney Aldrich at aldric82@msu.edu

### **Guiding Principles for Highly Successful Parenting**

Are you wondering how to gain greater cooperation from your children? Struggling with chores or routines? Not sure how to handle discipline issues? Join us for this five week parenting education series for parents with children of all ages will explore developing routines, emotional control, rules and relationships, and being a calm, assertive parent. Certificates of attendance are available.

Class dates/times: 11/20, 11/27, 12/4, 12/11, 12/18 7:30pm-9pm EST

Registration:https://msu.co1.qualtrics.com/jfe/form/SV\_6XReroOy9fS0mKa

For more information, contact Courtney Aldrich, aldric82@msu.edu

### **Building Early Emotional Skills**

This series is for primary caregivers or parents of children 0-3 years old, and will explore how children develop social emotional skills and how caregivers can deal with the stress of caring for children as they support them in developing a strong social-emotional foundation.

Class dates/times: 11/2, 11/9, 11/16, 11/30 7pm-9pm EST

**Registration:** <a href="https://msu.zoom.us/meeting/register/tJModempqj0pHNxaQebipO16c8eYzeeU\_56M">https://msu.zoom.us/meeting/register/tJModempqj0pHNxaQebipO16c8eYzeeU\_56M</a>
For more information, contact Courtney Aldrich, <a href="mailto:aldric82@msu.edu">aldric82@msu.edu</a> or Carrie Shrier <a href="mailto:shrier@msu.edu">shrier@msu.edu</a>

#### The Parent Talk Series Class

Do you feel like your children aren't listening to you? Do you find yourself constantly repeating yourself trying to gain compliance? This 6 week series is for parents of children of all ages and is designed to improve communication and provide practical verbal strategies for raising confident, caring, responsible children. Topics include eliminating unwanted behavior, setting limits, teaching about consequences, giving effective feedback, promoting independence, and developing character. Certificates of attendance are available.

Class dates/times: 11/7, 11/14, 11/21, 11/28, 12/5, 12/12 11:30pm-1pm EST

Registration:https://msu.co1.qualtrics.com/jfe/form/SV 2oye6BYmcmz3bfw

For more information, contact Courtney Aldrich, aldric82@msu.edu

### **Kinship Caregiver Classes**

Kinship Caregiver classes are targeted to relatives caring for another relative's children.

Class date: November 8th "Parenting Styles" from 7:00-8:30pm EST

Registration: https://msu.zoom.us/webinar/register/WN msxyZuH0QeS9MsKaD y7Tg

For more information, contact Courtney Aldrich, aldric82@msu.edu





# **MSU Extension Child and Family Development**

MSU Extension has a wide range of free online classes for parents and caregivers of children of all ages and early childhood professionals.

### **Early Childhood Professional Development Classes**

These free online classes provide professional development training hours for early childhood professionals. Credit in the MiRegistry system is available.

Title: The Resilience Toolbox - Building Foundational Skills for Resilience in Early Childhood

Class Date: 11/16/2023

Class Time: 7:00PM to 8:30PM

Registration: https://msu.zoom.us/webinar/register/WN\_jLVWzzM6Qlimr7VBOCrrPA

For more information contact Vivian Washington at washi138@msu.edu

### In-Person Workshop: Including All of Us

Including All of Us is an intensive training to provide an opportunity for child care professionals to learn about issues of diversity, equity and inclusion in early childhood. Including All of Us includes group content, where early childhood professionals can explore their own beliefs, worldviews and understanding of issues surrounding diversity. Participants learn about ways they can incorporate anti-bias education into their work with young children and create environments of equity for all children. Including All of Us provides an opportunity for teachers to practice self-reflection and develop an awareness that will have a positive impact on their teaching, child care skills, and family interactions.

This in-person, free program is six hours in length and can be taught in one six-hour session or two, three-hour sessions. The program is approved in the MiRegistry system and completion certificates are available.

To schedule a workshop at your location, contact Vivian Washington at washi138@msu.edu

#### **Online Self-Paced Classes**

These free online classes can be completed on your own at your own pace.

#### **Positive Discipline**

Helping young children learn self-control is important to their ability to be successful citizens now and in the future. Positive Discipline workshops help adults learn how their role in creating appropriate environments and experiences can strengthen that development. This class has a "parent and caregiver" track and a "professional" track. Certificates of attendance are available for all who take the class and professional development training hours are available for early childhood professionals. Credit in the MiRegistry system is available.

Registration: https://www.canr.msu.edu/courses/positive-discipline-online-course

#### Infant Safety

MSU Extension has partnered with the Livingston County Child Abuse Prevention Council to create a self-directed online infant safety course called "Sleeping, Crying, Driving." This three part course contains videos and interactive content on infant safe sleep, how to handle extended infant crying and guidelines for transporting your child safely. A certificate of completion is available for those who need proof of attendance.

Registration: https://www.canr.msu.edu/early\_childhood\_development/infant-safety/

#### **MI Parenting Resource**

This free, online program is meant to support caregivers across the state in strengthening their parent-child relationships and gaining new tools for enhancing positive child behaviors.

**Registration:** https://miparentingresource.org/

For more information contact Courtney Aldrich at aldric82@msu.edu